

STUDENT

LIFE

MANAGING YOUR WELLBEING DURING LOCK DOWN



FEATURE ARTICLE

RECOGNITION AWARD
FOR OUR NURSING
APPRENTICE

Read about the Wow Award on
page 21

THE VICE-CHANCELLOR
ANSWERS YOUR
QUESTIONS



TIM STEWART

2021
MARCH
/ APRIL
ISSUE



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Welcome

Welcome to the Winter 2021 Edition of the Student Life magazine. We are really excited to bring you a range of excellent articles written by BPP students and staff. We hope you enjoy reading this magazine as much as we enjoyed writing it.

During these difficult times, we want to assure you that the Students' Association and I have been working alongside the University to ensure that the best possible outcomes are reached for students.

Our Virtual Campus continues to thrive as a central community where you can comment in forums, join groups and take part in events. Whether you're interested in health and fitness, cooking, e-sports, photography or movies, we have something for everyone. You can join the [Virtual Campus](#) here.

The Students' Association is here to help you make the most of your student experience and consists of several parts:

- The Student Voice is key to ensuring that your views and opinions are heard across the University. My team and I work closely with the annually elected Student Voice Representatives, who act as an independent voice for students on various academic committees and school boards, to ensure a positive experience for everyone during their time at BPP University.

- The Student Engagement Team works closely with student-run clubs and societies across all centres to help offer a number of exciting opportunities for you to socialise, as well as to develop skills that will assist you with life in practice. The team works closely with the Student Centre Representatives to help organise social events at each BPP University study centre.

- The Independent Education and Welfare Advisors are here to help you when things don't go to plan. They provide an impartial, confidential service which is independent from the University and can help with academic and welfare issues such as appeals, complaints, deferrals and wellbeing.

Please don't hesitate to reach out to me if you have any feedback on this magazine or any aspect of the student experience.

Best wishes,

Hajra Babariya

– Group Head of Student Experience
Hajrababariya@bpp.com



HAJRA
BABARIYA
GROUP HEAD OF STUDENT EXPERIENCE



YOUR

STUDENTS' ASSOCIATION TEAM



CHARLOTTE DARE

HEAD OF STUDENTS' ASSOCIATION



STACEY CLEMENTS

SENIOR INDEPENDENT EDUCATION
AND WELFARE OFFICER



CATHERINE DEVONALD

EVENTS AND ENGAGEMENT OFFICER

Charlotte

As the Head of Students' Association, I work across all 3 of our area; Student Voice, Student Engagement and Independent Education and Welfare to ensure the Students' Association are here for you throughout your time with BPP.

I am passionate about working in partnership with you to evaluate and enhance your student experience. I am here to ensure that your opinions are valued and heard by the university. I also work closely with our Student Voice Representatives to look for ways to improve the service provided to the students throughout their academic life.

If there is anything you would like to see from your Students' Association or you need our help with anything at all please do reach out to me at charlottedare@bpp.com

Stacey

Independent Education and Welfare Advice Team provide a free, confidential, unbiased, service which is available to all students at BPP. We can provide guidance for when things don't go to plan, ranging from feedback on Mitigating Circumstance or Appeal applications to advising on the Complaints procedure. We can also attend University meetings or hearings, such as Academic Misconduct Panels, with you.

We also run a range of welfare campaigns and events, for more information please check the **Students' Association website** and the **Virtual Campus**

We are friendly faces at the University, so please feel welcome to reach out to us at independentadvice@bpp.com if you have any questions.

Catherine

Within the Students' Association I work closely with clubs and societies to encourage social events and activities. As well as this, I manage the social media presence of the Students' Association; feel free to give us a follow!

I have previously worked in event planning and student facing roles and enjoy everything that comes with this. I have also seen things from the other side when I was my society's Social Secretary while at University. I was my society's Social Secretary. From this experience I understand the importance of having a good support network to base BPP societies and student events on.

From solving problems to creating event materials, I hope that I can be of help to you and your society! You can contact me on engage@bpp.com with any queries.



PROFESSOR
TIM
STEWART

THE VICE-CHANCELLOR ANSWERS YOUR QUESTIONS

1 If you were a student today, which BPP course would you like to study?

Originally, I was a full-time science undergraduate. After finishing University, I completed a part time professional finance qualification, studying with BPP, as a management trainee at Unilever. When I was in my 40s I also did a part time, online, master's degree in financial education. If I was going to do a further qualification today in my 50s or if I was in my 20s again it would probably be drawn from the technology school and it would definitely be online. Law will always be a highly valuable skill set for both work and life, but I don't think it is a profession I would thrive in. Outside formal qualifications I am always trying to learn new things and am currently learning the piano and studying Polish.

2 With the benefit of hindsight, what would you change about BPP's approach to the pandemic?

In terms of our general approach I feel confident that we have taken the correct path. We have continued to closely follow government guidelines throughout and have done all we can to help keep students safe and preserve their opportunities to progress their education and careers. I am very proud that we have been able to graduate so many students in 2020. I had hoped we would have been able to have avoided classes moving and merging but the disruption to our staffing, especially with schools closing, has made this very difficult. Unfortunately, the third lock down will have similar problems for our staff and students. I appreciate many students often don't agree with government advice and would rather we had locked down earlier or later but if you are part of a wider system it is important for government to be able to orchestrate crises.

3 What does the future hold for BPP?

We are in a very strong position here at BPP. The demand for relevant higher education to support employability has never been greater and we are well positioned to supply valuable programmes. We are able to move faster than other higher education institutions and our proximity to employers is really helpful in ensuring we have the most up to date and relevant programmes for the world of work. I hope to see our newer schools in nursing and technology grow to the same size of our more established schools in Law and Business. Psychology is also a discipline where we have an enormous potential for growth. In recent years several of our programmes have become attractive to students from Asia and there is huge potential for future expansion globally especially for our Business school. Another area of focus is the potential for degree apprenticeships. BPP has very strong connections with employers and with the government incentivising the use of apprenticeships including higher apprenticeships there is likely to be further growth ahead. Lastly, our law school has developed a fantastic new formula for legal education that will continue our leadership in that space for the next generation of solicitors and barristers.

4 What do you think sets BPP apart from the competition?

I think there are three main areas where we are distinctive. Firstly, designing programmes with a strong focus on employer needs is especially important to our success. We have built very strong links with leading firms in law, business and health and this allows us to align the learning outcomes to employers' needs, giving our students a much better chance to succeed with their future careers. A second important distinguishing factor for BPP is the professional background of our faculty. These professional experiences help to frame education in a way that accelerates the development of student employability skills. A third strength has been our ability to deploy education online. I appreciate there have been difficulties at times during the global pandemic but we have still been more successful at maintaining synchronous teaching and proctored assessments than the vast majority of educational institutions, allowing our students to continue with their careers when others have stalled.



WELLBEING CONNECT

With the current Covid-19 restrictions having an impact on all our mental health and wellbeing it is important now more than ever that we take steps to help manage this.

The University's Student Wellbeing and Mental Health group is a selection of staff from various departments within the University which share ideas and initiatives on how we can improve awareness of the support available and improve our wellbeing services. We wanted to share with you today a few of the things we are doing currently to support our learners across the University.

BPP University Students' Association
bppsstudents.com

TIME-OUT TUESDAY

tips + resources for managing your mental and physical wellbeing during your studies

BPP University Students' Association

Time-Out Tuesday Wellness Session

Join our online session to gain tips on how to manage your own welfare during your studies & how we can support you.

Sign up on the Virtual Campus or on www.bppsstudents.com

World Kindness Day Competition!
To celebrate world kindness day on 13th November
We want to encourage kindness amongst our community

Post in 'Mindfulness & wellbeing group' on the Virtual Campus and Tell us about you or a fellow students Random Act of Kindness for a loved one or a stranger!

The winner will win a Mindfulness Bundle

BPP University Students' Association

STUDENTS' ASSOCIATION

The Independent Education and Welfare service within the Students' Association have been keen to promote positive mental health to our students and learners. Positive communication around mental health has become much more important in the current climate.

We have introduced a fantastic new initiative of 'Time out Tuesdays' on the Virtual Campus. During these posts, we share a new wellbeing tip or mindful activity to encourage staff and students to take a break from their busy lives to check-in with their own mental health and wellbeing. Alongside this, we are running a lunchtime wellness session fortnightly which shares some information and advice on how we can manage our mental and physical health as well as signposting to further support and internal services within the University.

In addition to this, each week we host a competition on the Virtual Campus where students can win a range of exciting prizes. For World Kindness Day on Friday 13th November 2020, we ran a 'Random acts of kindness' competition where students posted some acts of kindness they showed within their community.

We hope to encourage everyone to think of their communities too at times like these.

The Student Association also run regular events to improve student wellbeing within a more holistic sense. These include sessions for improving physical wellbeing, such as Online Yoga Thursdays as well as fitness workout sessions which are offered online. There is also a wide range of events held to improve student engagement and social connectivity, including online cooking shows, quizzes, and debating events, as well as various competitions and prizes. We actively encourage students to participate in events, join societies or to even start their own society with the intent of optimising positive experiences during their time at university and improving overall quality of life.

If you have not yet joined the Virtual Campus, please join here and check out all our activities and events!

All these initiatives have been well received by our students and learners and we hope to keep growing this area to support them however we can.

INCLUSION

The Inclusion Team is a team of two highly experienced staff members dedicated in deepening their understanding of student perspectives of Equality and Diversity issues during their time at BPP. One important ongoing project is a university wide scheme that uses survey and discussion groups in order to understand BAME students' experiences at BPP and to make the appropriate changes.

Another scheme, which has been highly successful as it is running for a second year, is the Diversity Ambassador Programme aimed at BPP students. Student Ambassadors work in diverse teams in order to design and deliver innovative activities centred around diversity on campus. This scheme allows students to collaborate, meet new people and exchange ideas on issues that are affecting them. This can be an invaluable experience for our future lawyers!

Most importantly, the Inclusion Team has piloted the Reverse Mentoring Programme; a programme that commenced in October 2020 with great success. The programme aims to gain a better understanding of what drives and inhibits diverse talent enabling the university to make changes that were needed thus creating a more inclusive learning environment. Students who take part in this scheme are paired up with mentors for six weeks. Both mentors and mentees can reap the benefits of this programme. Then allows mentors to consider their own personal bias and to develop their leadership and mentorship skills in a more inclusive way. Meanwhile, by giving different perspectives of various aspects of life as a BAME student at BPP, mentees can broaden their thinking as well as they appreciating the challenges faced by faculty in their experience of cultural barriers with students at BPP.

SAFEGUARDING

Safeguarding means protecting people's health, wellbeing and human rights, and enabling them to live free from harm, abuse and neglect.

For as long as you are studying with us, we have a duty of care to look after you. In real terms, that means if you have any issues that are affecting your studies that you feel unable to deal with, the Safeguarding Team can find the right resources to help you.

The Safeguarding Team also ensure all other BPP staff members are trained to identify any potential safeguarding concerns and that they know how to escalate these to the Safeguarding (SG) Team. The team provides safeguarding support to all BPP Students including our university, international and apprentice student bodies.

We are an enthusiastic and dedicated team of two. We work very closely with the students that come to us and try to respond with useful compassion. We will listen, without judgement, and establish support as necessary. This may mean linking the student in with other BPP services or external charities or organisations or it may mean offering emotional support during a tricky time.

We work closely with the other support services within BPP such as Learning Support, Independent Advice and the Student Association Team.

We care about your wellbeing and we want nothing more than for you to succeed, to feel supported and able to maintain a healthy balance between your home life, work placement and studies.

LEARNING SUPPORT TEAM

The Learning Support Team is a multi-disciplinary team whose aim is to help students with disabilities, either visible or invisible, gain access and participate fully in learning by providing adjustments for their studies. In addition, the team are also equipped to support students who are experiencing mental health issues. As maintaining good mental health is paramount, the Learning Support Team have rolled out several initiatives in order to promote self-care and to curtail stigma among university students.

One such initiative, which was BPP wide, were the Virtual Mental Health Awareness Weeks held in May and October 2020. These centred around sparking a discussion among students and staff about being mentally healthy and supporting students who are at a greater risk. Some of the activities included prompting students to take part in a 7-day challenge to show kindness and appreciation to one another; a doodling session which explored students' own emotions through music as well as a mindfulness meeting. Finally, on the Mental Health Week in October 2020, the team published a poignant interview with an LPC student who shared her experience in keeping herself calm, making herself not feel guilty for taking a break, but most importantly the significance of asking for help from Learning Support. This was a great initiative.

The team also collaborated with Emma Adderley from the Legal and General Team to produce a webinar where she discussed her own battles with mental health. In addition, our apprentices watched an illuminating wellbeing session where students and staff discussed ways to look after themselves, to build resilience and, most importantly, how to deal with life's pressures during the pandemic.

More recently, students have had the chance to join Paul Clark from Learning Support for an informal 15 minutes mindful meditation session through Teams. Meditation allows students to take a pause from their studies and to pay attention to their thoughts while focusing on the here and now. Just 15 minutes of meditation can help reset intention, increase concentration and refresh mood!

Lastly, as students have been facing extreme exam pressure, the team have designed and rolled out an online seminar entitled "Exam Stress Management." This seminar explored the various types of stress and its effects on the body as well as the source of negative thinking. Students were given handy tips to overcome stress and they were treated to a 5-minute mindfulness activity!



SOCIAL OR PHYSICAL DISTANCING?



As a result of the COVID-19 pandemic, limitations to physical contact have become part of the 'new normal' experience. However, amidst our efforts to preserve the safety of ourselves and others, we must ask ourselves whether we have been physically distancing, socially distancing, or perhaps both.

What is the difference? Whilst physical distancing is unquestionably crucial to 'flattening the curve,' social distancing is instead the umbrella term widely used for maintaining a physical distance from others and to this end, it is largely misleading. When considering the known health risks of loneliness and social isolation, it is unquestionably vital that we ensure we remain responsibly socially active.

ENHANCING THE STUDENT EXPERIENCE BY STAYING RESPONSIBLY SOCIALLY ENGAGED

WHAT DOES RESPONSIBLE SOCIAL ENGAGEMENT LOOK LIKE?

Fortunately, we exist in an era where we can socially connect with relative ease across a range of virtual platforms. Outside the realm of traditional video calls, we can look to get creative with forming and sustaining social connections by attending online events or even hosting our own. The Students' Association regularly advertises a range of social events, including yoga and fitness classes, comedy events, cooking shows and various other initiatives to connect like-minded individuals. If you would like to provide suggestions for future events, please feel welcome to contact engage@bpp.com with your ideas.

The University and Students' Association have also worked collaboratively to implement additional measures for increasing social engagement. BPP's Virtual Campus offers a space for students to link into personal and professional development opportunities, as well as to network with students and staff through the various events, initiatives, and societies. With a following of over seven thousand staff members, alumni, and students across cohorts, programmes, and schools, the Virtual Campus allows an opportunity to easily get in touch with others.

THE NEXT STEPS

Whilst the pandemic continues to limit the extent to which we can be physically social, there are still many opportunities for us to seek social integration at a safe distance. In what has been a largely tumultuous time for us all, the significance of being responsibly socially engaged and considerate to others is crucial not only for protecting our own wellbeing during these difficult times but also for those whose lives we touch upon.

If you are feeling very overwhelmed and feel like you need some extra support, reach out to BPP's wonderful Learning Support or Safeguarding Team at learningsupport@bpp.com and/or safeguarding@bpp.com

WHAT ELSE CAN WE DO?

When it comes to being social, we receive the most benefit when we build both the quantity and quality of our social sphere. As such, beyond the virtual world, we may wish to look closer to home to strengthen our relationships with those we live with. Hosting a games night, having a shared dinner or even watching a movie together, with the people we live with, allows feelings of togetherness to thrive, if, of course, this is in line with the most recent government advice and it is safe to do so.

Finally, whilst it vital we take steps for maintaining our own mental well-being, it is also essential to consider that there are so many others experiencing hardship at this time. Despite our best efforts to remain resilient, this has been a long and arduous period for many, where external factors have resulted in many changes of circumstances, often with undesirable outcomes. As such, it is a time for us to exercise a deeper appreciation for the safety of ourselves and others, practising patience and forgiveness for others, and for showing kindness to all. These elements are essential for bringing feelings of connection and positive emotion for the sake of both ourselves and others in need.



At BPP we understand that everyone is different and that students will benefit from a range of support relating to their health disability and wellbeing. We know that some of the terminology in this area may be new to you so we have produced a little guide to help you navigate some of these terms. If you have any questions or you feel that you would benefit from support please don't hesitate to contact the Learning Support Team. **Email: LearningSupport@bpp.com**

UNDERSTANDING THE LANGUAGE OF WELL-BEING AND MENTAL HEALTH

DISABILITY

A physical or mental impairment that has a 'substantial' and 'long-term' negative effect on your ability to do normal daily activities.

HEALTH CONDITION

A condition such as a heart condition, cancer, HIV, high blood pressure, epilepsy, MS, broken limbs, Fibromyalgia, Bronchiolitis, Bulimia. [Full list of NHS health conditions](#)

HIDDEN DISABILITY

Includes mental health, autism spectrum conditions, chronic fatigue, a chronic illness which 'flares up' at times and reduces at other times, or specific learning difficulties like dyslexia or ADHD

SELF-CARE

Self-care is any deliberate activity done to take care of mental, emotional and physical health. Ranges from brushing our teeth to exercise, meditation, reflection, eating and sleeping well

RESILIENCE

The psychological capacity to adapt to stressful circumstances and to recompose after adverse events: An ability to self-regulate, set boundaries, foster self-awareness, be accepting, look for meaning, adopt self-care habits, seek support as required.

WELLBEING

A broad concept relating to the following areas in particular: physical and mental health and emotional wellness. Control by the individual over their day-to-day mental and emotional states

MENTAL HEALTH

A person's psychological and emotional states. Realises their potential, can cope with the normal stresses of life, can work productively and fruitfully

WELFARE

A person's health, happiness and prosperity. When health and mental health are defined as good and external factors are not adversely affecting the individual

MEDITATION

A practice where an individual uses a technique – such as mindfulness, or focusing the mind on a particular object, thought, or activity – to train attention and awareness, and achieve a mentally clear and emotionally calm and stable state

LEARNING SUPPORT

BPP support service for students with disabilities and health conditions including mental health conditions

COUNSELLING

Counselling is a talking therapy that involves a trained therapist listening to you and helping you find ways to deal with emotional issues

EXAM STRESS

Some stress is useful/exam stress is a normal part of academic study and this should be recognised

STRESS (EXCESSIVE/ANXIETY)

Medical or biological stress is a physical, mental, or emotional factor that causes bodily or mental tension. Stress can cause or influence the course of many medical conditions including psychological conditions such as depression and anxiety

BURNOUT

A state of emotional, physical and mental exhaustion caused by excessive and prolonged stress. It occurs when you feel overwhelmed, emotionally drained and unable to meet constant demands.

REFLECTION

The examination of one's own conscious thoughts and feelings. In psychology. The process of reflection relies exclusively on observation of one's mental state

MINDFULNESS

Maintaining a moment-by-moment awareness of thoughts, feelings, bodily sensations, and surrounding environment, through a gentle reflection

SAFEGUARDING

To protect the health, wellbeing and human rights of individuals, in particular young people and vulnerable adults — to live free from abuse, harm and neglect

BREAKDOWN (MENTAL)

A period of intense mental distress. During this period, the person is unable to function normally in their everyday life

BODY IMAGE

Body image is how we think and feel about ourselves physically. Sometimes, we worry about how we look or what our friends think about our body



EATING DISORDER

A range of psychological conditions that cause unhealthy eating habits to develop. They might start with an obsession with food, body weight, or body shape

Key Sources

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Stacey Clements studied MSc Psychology (Conversion) at BPP University, completing her studies in July 2020. She is now working in the Independent Education and Welfare Advice Team within the Student' Association.



AMY WEIGHS IN ON #THEWITCHES

MARREN

I am a double Paralympian, now turned a third-year Solicitor Apprentice who was born with a missing right hand at the level of the wrist. Most recently I have been advocating for limb difference awareness through various social media platforms (most often Twitter and Instagram). Because of my limb difference, I felt it essential that I voice my opinion on the new movie adaptation of Roald Dahl's novel 'The Witches'. I unknowingly started a very large conversation across the world and the movie has since been criticised by disability advocates for its insensitivity towards people with limb differences. The movie showcases actor Anne Hathaway with disfigured limbs as she played her character the Grand High Witch.

The Paralympic Movement, social media and TV campaigns have also been instrumental in changing the world's perceptions of those with disabilities. To give you some figures, 15 per cent of the world's population are disabled, yet only 2.5 per cent of people with disabilities reach our screens in the form of sport, TV and film. By all logic, and as a community, we should be delighted to see limb differences highlighted in films such as The Witches.



However, what we did not anticipate is for limb differences to be associated with Warner Bros portrayal of a Witch ie, a scary, frightening creature. Representation is something that we are constantly fighting for and although it is promising to see a limb difference made so noticeable in a film, the approach and connotations are potentially wrong and hurtful. Following the release of The Witches, I started to see the distress become more apparent among the limb difference community and although I myself am not easily offended by the scenes, I am concerned for the next generation of young adults and children with limb differences.

On the one hand, I am fully aware that this is a fictional film that aims to share a story of hope and kindness which I am in full support of. However, I am not necessarily sure that people are aware of the fact that the 2020 release has deviated so far from the Roald Dahl original which identified Witches as those with claws on the tips of their fingers. What we see in the 2020 film is very different from the original and to the limb difference community, it was an unnecessary and significant change.

There are many people out there, athletes being some of them, who act as advocates for limb differences. Many of these same people have overcome their own fears in order to finally feel accepted in a world that already defines you by your difference. These people have their own horror stories of being different and face comments everyday and I do understand that not everybody is able to relate to how much these comments can affect people. However, I would like people to try to educate themselves about limb differences and how this film could now mean that those within the limb difference community now face a new wave of unsettling comments that compare us to Witches!

Warner Bros were very quick to respond with an apology saying the studio was "deeply saddened to learn that our depiction of the fictional characters in The Witches could upset people with disabilities." Not long after this, Anne Hathaway also published a very public apology. Anne's apology was extremely open and heartfelt and reiterated that she said she does her best to be sensitive to the experiences of others not out of "PC fear" but because not hurting people is a basic level of decency. Anne also added "I particularly want to say I'm sorry to kids with limb differences: now that I know better I promise I'll do better. And I owe a special apology to everyone who loves you as fiercely as I love my own kids: I'm sorry I let your family down." It is therefore encouraging to see celebrities like Anne stepping up to embrace limb differences and engaging in the conversation! I hope that because of Anne's step forwards towards raising awareness of limb differences, that this can open up much more casual conversations about limb differences and the wider community and also allow people to educate themselves.

VIRTUAL CAMPUS WINNER

Finally, I am in no way saying "Let's boycott the film!". Instead, I am saying by all means, do watch and enjoy this film but please, please make sure that if you choose to watch it, also choose to make the conscious effort to have an open conversation about limb differences and let it be known that it is more than okay to be different from everyone else! Let's all keep moving forwards, keep educating and continue to embrace each other's differences!

Written by Amy Marren

Articles:

<https://www.bbc.co.uk/sport/disability-sport/54815944>

<https://www.paralympic.org/news/hear-my-voice-amy-marren-talks-limb-difference-and-notawitch>

<https://www.cosmopolitan.com/uk/entertainment/a34596652/anne-hathaway-responds-the-witches-criticism/>

https://www.youtube.com/watch?v=ISU9E_9FOfE



Hello everyone! My name is Nertila and I am a student at BPP Business School. Having finished studying an MBA here in London I wanted to progress further and had decided to choose BPP after so many suggestions. I finally got accepted to study MSc Management with project management. I thought it would be easier for me to study again but it was too difficult in the beginning as lots of things were different and the COVID-19 situation made it even worse. I had to get help from friendly BPP staff in order to access my timetable and The Hub.

During this difficult time, I was introduced to the Virtual Campus by Mick which I love as I got to know many other students from different countries, there are lots of events, discussions and entertaining activities to enjoy. The Virtual Campus made me feel connected to the BPP Community and it helped me feel less lonely and isolated during this pandemic. After using the Virtual Campus for a while, I decided to enter a competition... I won the first prize which was a Kindle! I love it so much and love to read books on it. My phone and Kindle are always in my pockets wherever I go... I simply love it!

Now I am almost finishing the second term I would say that the tutors are very nice and helpful, they are always ready to help me so I would like to thank them for everything. I would definitely recommend BPP to everyone as the help, advice and support of the staff to students is rare to be found anywhere else...I'm saying it from my experience as I have studied at another university here in London but the warmth, love and the big family vibes you find in BPP you can't find elsewhere!!



NERTILA
HALLESHI



Recognition Award for our Nursing Apprentice

THE WOW AWARDS

The WOW! Awards



Ellie Pollock - Outpatients

Nursing Apprentice Ellie Pollock (RNDA Oct 20) has received a WOW Award for going above and beyond to support the needs of the patients.

The award of presented to her by the Chief Medical Officer for the compassion and commitment demonstrated to the patient and his wife.

The nomination stated that Ellie showed the utmost compassion toward her patient and showed commendable innovation and accountability in her treatment. She demonstrated her excellent interpersonal skills to get the patients investigations done one time and her attitude to her work was described as inspiring.

The School of Nursing at BPP all shared their praise for her and how proud they were for her receiving this well-deserved award.

Nomination:

I am an Associate Specialist in Urology at Basingstoke and on Tuesday 27th October was doing a urology clinic at BNH outpatient department. At 16.00 hrs I saw a 92 yr old patient along with his 90 yr old wife. The patient unfortunately appeared to have a progressive condition and required to have a blood test to further assess his condition and also to arrange further scans. He was from a different catchment area and therefore requesting blood tests with his GP via a letter was going to be cumbersome for the patient, and also unnecessarily delay his investigations and treatment. Further he was a vulnerable patient and it would be in everyone's interest for him to avoid unnecessary trips in the current Covid climate. I therefore advised the patient to have his blood tests at Basingstoke and requested his investigation on ICE. Normally we are able to provide patients like him the service of blood tests in the outpatients itself by our trained nursing staff. Unfortunately, on that day the senior sister at the outpatient department declined to do his blood test, despite me personally requesting and explaining the situation to her. I was dismayed at her response when she said that she was not competent to do blood tests on a 92 yr old patient (without even looking at him). I therefore had to advise the patient and his elderly wife to go down to the laboratory to have his tests. In the time that all these events took place, the time was past 16.30 and the lab was about to be closed.

Ms Ellie Pollock, who was the HCA in the outpatients on that day observed these events, and even though she was not directly looking after my clinic, offered to help. Having noticed that the senior sister had declined to do the blood tests, we decided the next option was to get his blood test done at the labs. She rang up the laboratory to let them know that this patient would be coming up. She was told at the time that the lab was closed and there were no technicians. She appraised the laboratory of the situation and kindly requested them to somehow get a phlebotomist to do a blood sample for this patient. The laboratory technician acceded to her request, but wanted the patient to come up as quickly as possible to the labs. Ms Ellie Pollock kindly escorted the elderly patient on a wheelchair to the labs to get his blood test done. This was successfully repeated that evening and we were able to review his blood tests the following morning. Based on this we were able to organise further investigations (CT and bone scan) and also recommend treatment.

I recommend Ms Ellie Pollock for a WOW! award for showing utmost compassion to a patient and treating him with dignity. She showed commendable innovation and accountability and used her interpersonal skills to get this patient's investigations done on time (including his transport to the labs). I found her attitude to work very inspiring and she has lived up every bit to the core principles of care at Hampshire Hospitals. We should all be proud of staff like Ms Ellie Pollock at HHFT. My sincere thanks and best wishes to Ms Ellie Pollock.

Nominated By: Govindaraj Rajkumar

ID Number: N247757



COVID-19 EXPERIENCE



I'm sharing my story with you as to what it really feels like to experience the Covid-19 virus after testing positive. You've seen it on the news and probably read what symptoms to expect. However, to fall victim to these symptoms was so much worse than I ever anticipated.

It all started with a headache, originating behind my eyes. I took some pain relief and endeavoured to continue with my day. As the day progressed, I deteriorated increasingly. The aches and pains I experienced in my hands, shoulder, hips and back were indescribable. Being unable to sit on the sofa or even dress yourself without being in pain was frightening. Slowly even my skin began to hurt, the pressure of the water on my skin from the shower was so painful, it brought me to tears.

At this time, I just didn't know what to do with myself. I felt utterly hopeless and I feared how long this was due to last. After six days of experiencing chronic aches and pains they began to finally reduce. On the seventh day I had enough energy to cook dinner, which was a curry I had made previously. I am telling you the chosen cuisine because imagine the room filling with aromatic spices and yet you can't smell anything. I sat to eat my first home cooked meal since testing positive, anticipating the flavours to overwhelm my pallet. Watery, tasteless and flat, how all food tasted from that moment onwards.

Drinking coffee is like drinking warm milk, eating anything is unpleasant and far from satisfying.

Losing your senses is something I thought wouldn't be concerning. However, this was frightening and added significantly to my already detrimental mindset.

Ten days passed and I was still recovering. The aches and pains reduced and appeared well controlled with pain relief. My taste and smell have started to return, twenty days later yet I am chronically fatigued. My mental health has been pushed to the limit and yet, my experience of Covid-19 was only moderate compared to most.

It is repetitive, but please look after yourself. I contracted the virus at the supermarket because social distancing was not well controlled over the Christmas period. Please be mindful and act like you have the virus, it will keep you invulnerable.



ELLEN EYERS

Nursing School



REVERSE MENTORING AT BPP UNIVERSITY



Aims

1. An opportunity to provide greater cultural awareness between participants;
2. Create more interaction between faculty and students;
3. Create an opportunity for new perspectives for inclusive teaching at BPP University.

What is the Reverse Mentoring Programme at BPP?

The proposed Reverse Mentoring programme at BPP is one whereby BAME students mentor faculty to share what it is like for them to attend BPP University and to provide a cultural exchange. By approaching the dialogue at an individual level, staff and students experience much deeper and more open conversations, often leading to a far greater appreciation of diversity and inclusion.



BENEFITS OF THE REVERSE MENTORING PROGRAMME

- A closer understanding of what drives and inhibits diverse talent enables us to make changes where needed, thereby creating a more inclusive and authentic learning environment;
- The programme also allows tutors to consider personal bias and to develop their inclusive leadership skills in a secure and confidential environment;
- Mentors also benefit from greater visibility in the university and the opportunity to hone their mentoring skills
- While mentees benefit from broadening their thinking by being provided with differing perspectives of various aspects of life as BAME student at BPP; mentees will receive a greater appreciation of challenges faced by faculty in their experience with cultural barriers with students at BPP.

PROGRAMME STRUCTURE

- The Programme will be commencing in Feb 2021
- Volunteers to be drawn from BPP schools
- Once all volunteers are paired up, the programme will begin and will have a six (6) week duration
- Mentors and mentees are expected to meet virtually once a week and communicate via their means of choice;

To volunteer or for more information on the programme please contact the Inclusion Team at:
farhiaabukar@bpp.com





Natasha Saleh



HOW ASPIRING LAWYERS CAN BETTER UNDERSTAND THE LEGAL MARKET

Lawyer turned BPP University Law School training manager Natasha Saleh shares her advice to students looking to secure a training contract post-COVID

Throughout Natasha Saleh's varied legal career, the world of work has become increasingly globalised, in turn creating an interconnected marketplace.

Law firms are now more efficient than they previously were. "Their wider reach means they benefit from shared knowledge, infrastructure and technology, and yet also benefit from local, jurisdictional 'on the ground knowledge'", BPP Holborn training manager Saleh explains. The international presence of some law firms coupled with their extensive, widespread practice areas, means that these types of firms are better equipped to weather downturns.

When it comes to gaining a better understanding of the legal services market, Saleh encourages spending ten to fifteen minutes a day reading the legal and business press and making a note of the key points. "Firms are looking for an awareness of current, topical issues within the market, your interest in them and being able to discuss them," Saleh points out.

Broad work experience, from pro bono to shadowing a barrister, is also crucial in showing "commitment to gaining a comprehensive understanding of the legal services market". Not only does work experience aid a student's understanding but it will also enable them to make an informed choice when it comes to deciding on areas of practice they wish to pursue. This can then be highlighted during interviews.

As a result of Covid-19 and the subsequent economic recession, Saleh, who has over ten years of lecturing experience, predicts "a decline in demand for some legal services as clients try to keep work in-house" in order to keep costs down. In addition, it's likely there will be "a steady migration towards more legal services being offered online, more employee flexibility through working remotely and more collaboration and connectivity through technology", she adds.

With the increased use of technology, the landscape of the legal services market is continually changing and the introduction of the Solicitors Qualifying Exam (SQE) from September 2021 will be "one of the biggest shake-ups to the legal profession in recent history", Saleh says.

Future trainees should therefore be mindful of the skills needed to navigate the legal services market. Adaptability is key, according to Saleh; whether that be adapting to working online and developing technological skills, or adapting to the practice areas that may see a surge in work as a result of the pandemic.

Full service international law firms are best placed for responding to changes resulting from the pandemic – a variety of practice areas means that areas that thrive in uncertainty will be able to support those that see a downturn in work, the former Dentons banking and finance lawyer explains. Litigation, for example, "can be said to be counter-cyclical to the macro-economy". This means that when there's a downturn in the economy, litigation increases while M&A and transactional work decreases. "This is because more people and companies are willing to sue to recover much-needed capital", she explains.

Owing to the pandemic, firms may recruit fewer trainees and so will be receiving four to five times as many applications for training contracts, Saleh notes. In these uncertain times she advises students to focus on their immediate studies and achieve the best marks that they can, rather than students diluting their time with applications, because "when it does come to applying, it'll be very competitive".

Students should use this time to research the legal market, and the different practice areas and types of firms that might be of interest, so when it's time to apply they can take a structured approach to applications.

"Use your uni career's service," Saleh stresses. BPP Law School's Careers Service team, for example, is run by former solicitors, graduate recruitment professionals and law careers consultants, and so are well-placed to provide guidance on matters from writing a good covering letter to reviewing CVs and holding mock interviews.

Having gone into a career in legal education initially by chance, through an opportunity that presented itself whilst she was studying for her master's in international corporate and commercial law, Saleh highlights the importance of taking every opportunity. "You never know where your career will take you," she says. "Just because you know you want to work in a City firm, don't think there's no value in doing work experience in a smaller, regional firm. All experience is good experience."

In addition, students shouldn't underestimate the value of networking and keeping in touch with people they've met during work experience or at events. Having a positive attitude, demonstrating willingness and being proactive are key during work experience and ensure you leave a good impression. "You never know when paths may cross again or when someone they know may have a vacancy," she adds.

Saleh also recommends students seek out mentors as they progress through their studies and career; whether it's a tutor a student felt a particular affinity towards or a newly qualified or more senior lawyer they've met during work experience.

Having secured a training contract herself in the midst of the financial crisis of 2007–2008, Saleh tells me that it's not always plain sailing and emphasises the importance of resilience. She concludes:

"Don't take it as a reflection of your own abilities if you're not successful straightaway. Careers are lifelong. Others may race ahead at the start, but you are not in a race with anyone. Keep going, it may take twice as long, but you will get there."



5 THINGS I LEARNT IN 2020...



Lucy-Erin Hunter

1 ADAPTATION

The importance of being able to adapt to our surroundings. Not many of us like change; it makes us feel uncomfortable, out of control and afraid of the unknown. I moved to the Litigation team in March following my final paralegal apprenticeship seat rotation, little did I know 3 weeks on and I'd be challenged with learning everything new from a home environment. Working from home has meant relying on technology, having to make more decisions by myself, maintaining self-motivation, more forward planning, preparing for a range of outcomes, compromising and working that extra bit harder to ensure business can run as usual. Everyone has had to adapt to a new way of life and working, which in reality, might be the new norm. So, I've learnt to accept sometimes things don't go to plan, to embrace change and keep moving forward as with change often comes new opportunities to grow.

2 THE WORLD IS INTERCONNECTED

The world is more interconnected than we think - this year most of us have experienced our first (and hopefully last!) global pandemic and despite differences and distances between people and places, we are all faced battling the same thing. It has highlighted how our economy and society are interconnected on lots of levels such as travel, supply chain, tech and communications. Contrary to popular opinion, I have enjoyed participating in meetings on teams, quiz nights and online socials. I have met people from cross offices whom I would not previously have had the opportunity or reason to speak to. This has highlighted the power of technology in bringing people together.

2020 has definitely been a challenge. I had been in the office, settling into my new team a grand total of 3 weeks before we were frantically packing up the place and setting up an area to work in our own homes.

Although I was anxious about working from home, I knew it was something we'd have to adapt to quickly. It's been a challenge which I believe has made myself and our teams stronger - I've learnt a lot of things this year about myself and from my colleagues which I thought I'd share:

3 BE INQUISITIVE AND DON'T BE AFRAID TO ASK FOR HELP IF YOU NEED IT

I used to be worried to speak out if I didn't understand something as I didn't want to waste more senior members' time knowing it was valued much higher than my own. This has become especially difficult as working from home has meant visual learning has been less prevalent (you can no longer overhear your colleague on the phone to a client) and while it can be even more challenging to ask questions virtually it's much better to clarify something you don't understand rather than winging something and potentially doing it wrong. This year I've made an effort to be inquisitive and ask questions when I don't understand something (perhaps too many!), but I've found my coworkers welcome this and always give me an answer. It's something that has also helped my confidence along the way.

4 TAKE OWNERSHIP OF YOUR OWN PROGRESSION

It's very easy to get caught up in your day to day tasks that you might question have I learnt anything new today. I like to use the mindset every day is a school day and I go to work to learn (especially as an apprentice). It's important to take initiative, research and read around what is currently going on in the world and how this might have an impact on your work. It's very easy to get caught up in statistics and chargeable hours in the legal profession as a measurement for how well you are doing. I've begun to learn the work you do doesn't necessarily have to be chargeable to be valuable. Last year I spent 6 months in our innovation legal technology (ILT) team where my utilisation decreased to less than 10% due to my lack of chargeable hours. However, I now view the work I do from a different perspective; does this add value to the firm? I like to think my time in ILT has made me more inquisitive and I have translated this mindset to my personal progression also.

5 TAKING A BREAK IS PRODUCTIVE

Taking time away from your screen and interacting with people physically around you can give your brain the respite it needs to work most efficiently when you're at your desk. Most importantly, logging off at the end of the day when you have finished your work helps your brain shut off at night before logging back on in the morning. This was something I really struggled with at the beginning of lockdown, especially as I was working from the same room I would go to sleep in later that evening. Now I have learnt when to stop at the end of the day and shut my laptop down so I'm refreshed for the next day at work!



BPP CLUBS & SOCIETIES



Women and Non-Binary PEOPLE IN LAW SOCIETY



The Committee are very excited for the year ahead! We have a number of events and activities planned. So give us a **Follow!**

We look forward to meeting you soon.



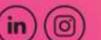
We recently launched our **Instagram** account: **WNBPIIL**.



We're also on **LinkedIn**: Women and Non-Binary People in Law Society (BPP London).



**FO
LLOW
US**



@WNBPIIL



The Women and Non-Binary People in Law Society is excited to announce we have a complete Committee. We have Malgorzata (Mags) Matys as our Events and Fundraising Officer, Lucy Ellis as our Marketing and Publicity Officer, Georgina (Georgie) Ingram as our Events Officer and Ellie Mallett as our Vice President.

BPP CRICKET CLUB

NOW *Recruiting*

PRESENTING



We are a diverse & inclusive club - all new members are welcome. Applications will be considered on a rolling basis. Send a few lines explaining why you would be a good fit at bppcricket@gmail.com

Also email if you would like to make any suggestions on future events or society activities.

BPP Cricket Club is currently recruiting for the following positions:

- **Secretary**
- **Treasurer**
- **Events & Fundraising Officer**
- **Media & Publicity Officer**

INTER-CENTRE **CRICKET** **TOURNAMENT**

More details coming out soon Stay Tuned



Join us on Facebook & Instagram
for regular updates: [@bppcricketclub](https://www.instagram.com/bppcricketclub)

ALL STUDENTS
ARE WELCOME
TO JOIN

Welcome to the BPP University Accounting & Finance Society

BPP ACCOUNTING & FINANCE SOCIETY

COME WORK WITH US!

POSITIONS OPEN

- Secretary
- Treasurer
- Events & Fundraising Officer
- Media & Publicity Officer

Send a few lines explaining why you would be a good fit for the role at bppanfsociety@gmail.com

Who Are We?

A student-led society where our purpose is to meet and socialise with like-minded people who have an interest in the Accounting & Finance industry.

Our aim is to help our members develop an insight into the industry and be up to date with all the latest developments in the industry.

What do we offer our members?

We hope to provide extra-curricular activities such as socials and other events to promote student cohesion at the centre and to increase employability through networking, guest speakers and by providing helpful information.

How Can You Get Involved?

We welcome students from all academic backgrounds and cultures as we believe that different perspectives help us broaden our horizons and become well-rounded professionals.

It is open to all the students of BPP University, whatever your degree programme and it is free for everyone.



The applications will be considered on a rolling basis. Applications should be sent to: bppanfsociety@gmail.com
Please email us if you would like to make any suggestions for future events or society activities.

Join us on
Facebook & LinkedIn:
[@bppaccountingandfinancesociety](https://www.facebook.com/bppaccountingandfinancesociety)
for regular updates.

f in

APPRENTICE

NEWSLETTER – FEB 2021



WELCOME!

Hello and welcome to our first Apprentice Newsletter of 2021!

National Apprenticeship Week 8th-14th February (#NAW2021) is just around the corner, and this year's theme is 'Build The Future' – where we hope to highlight the incredible contribution apprentices bring to their businesses across the nation.

There is, of course, no better place to shine a light on the astonishing impact apprentices bring to their businesses, than BPP's very own **Apprentice of the Year Awards 2021!**

Every year we use the awards to accentuate how apprentices and employers use apprenticeships to really make a difference in their industry, as well as to celebrate those who truly champion apprenticeships, advocate inclusion and diversity and strive to make a difference in their workplace and beyond.

Last year I was lucky enough to place 1st in the D&I Category for the AOTY awards. It was great to have my contributions to EDI recognized and celebrated both inside and outside of my organization – and really demonstrate the different ways in which an apprentice can add value.

I'm a big believer in celebrating successes (whether your own, or a fellow apprentice) so would advocate you all to get nominating as soon as entries open.

Entry is open to all BPP Apprentices and is a great opportunity to nominate yourself, or someone who really deserves recognition for the difference they have made in their time as an apprentice.

Keep an eye out on the virtual campus for more information!

Keep checking the BPP Virtual Campus for more updates and events:

<https://community.bpp.com>

If you need any support at all then please reach out to:

safeguarding@bpp.com / learningsupport@bpp.com / inclusion@bpp.com



AT THE AWARDS!



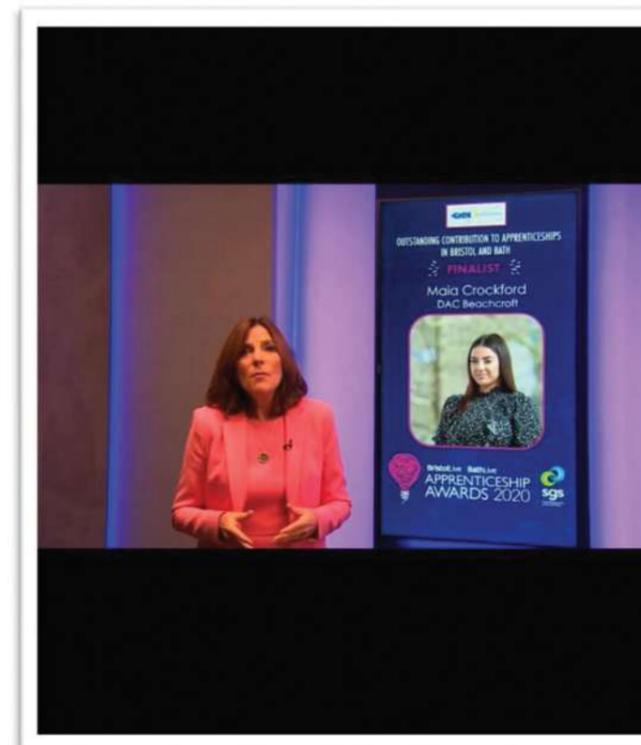
MAIA CROCKFORD: PARALEGAL/SOLICITOR APPRENTICE

2020 has not been the best of years, however my 2020 drew to a nice close as I found out that I was a finalist in the BristolLive and BathLive Apprenticeship Awards 2020!

I was over the moon, although I couldn't help but wish that the awards ceremony was going ahead as normal. I was apprehensive about the event being virtual and confused as to how it was going to operate.

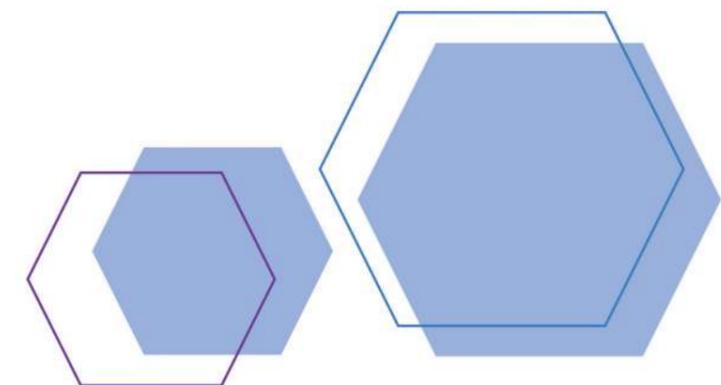
Although it was no black-tie sit-down dinner, I was pleasantly surprised at how smoothly the event ran. All finalists were in one large Zoom call whilst the main event took place on a separate screen (being livestreamed via YouTube). Once a category was called, the finalists for that category were dropped into the main screen with webcams turned on. Once the winner was announced, they took center stage and partook in a short interview with the host.

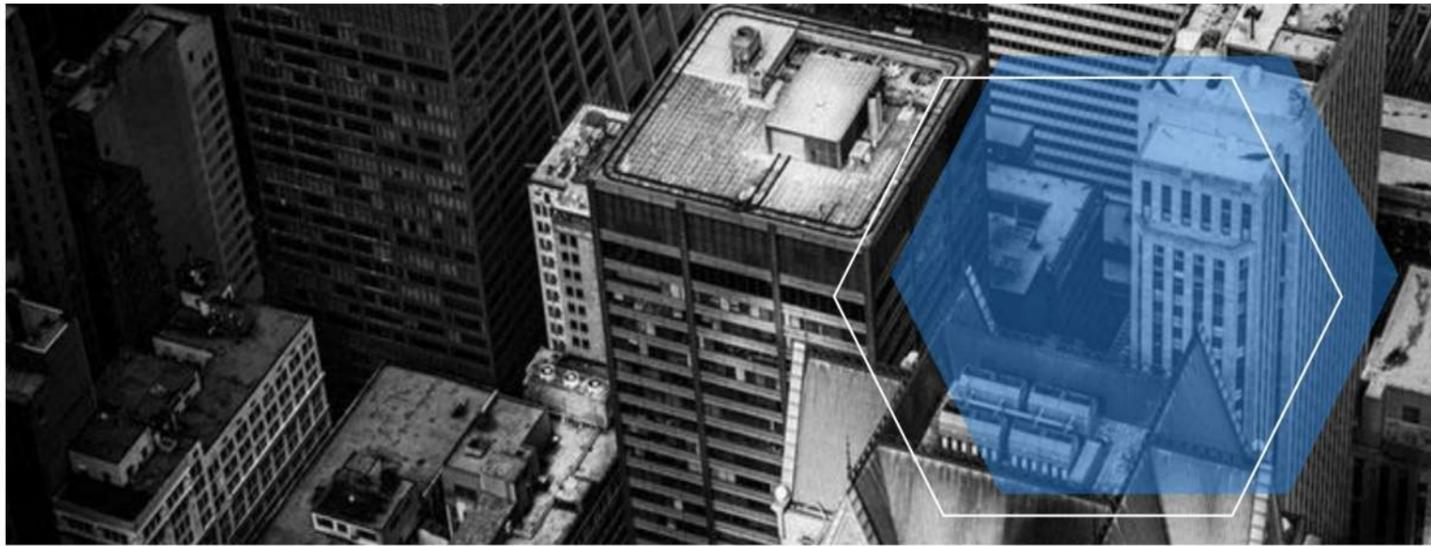
One of the main benefits of the awards being virtual was that family and friends could watch via YouTube livestream, which wouldn't have happened should the event have run as normal. I thoroughly enjoyed the evening regardless of the fact that I was sat at home, though I absolutely did wish I had a three-course dinner in front of me!



@MYLEGALCAREER

Follow Maia's Instagram @mylegalcareer for an insight into what life is like as a legal apprentice!





Being an Apprentice Champion

KAL ALI: PROJECT COORDINATOR/ L7 ACCOUNTANCY APPRENTICE



As BPP’s Apprentice Champions, we have the privilege of representing apprentices across the board, working with BPP to engage and support our fellow students, champion apprenticeships nationwide and be the student voice; feeding directly to the BPP Leadership team.

Easily one of the best parts of being on the team is putting together our quarterly newsletter and writing articles to directly engage with and benefit our fellow apprentices. This year we’ve shared articles on everything from adapting to that WFH life, the BPP Apprentice of the Year Awards, to powering through procrastination and even on what to get your Secret Santa!

One of the most important parts of our role however is making sure we properly represent the experiences and perspectives of our fellow students whenever we meet. Additionally, once a quarter I attend the Apprenticeship Steering Committee (ASC), feeding directly into the BPP Leadership team on everything from our programmes, handbooks, the technologies and importantly, our apprenticeship journeys.

For me, it’s incredible to see first-hand just how integral the student voice is for BPP in shaping their apprenticeship programmes. As a representative I voice our experiences to the ASC, but as an apprentice, I get to live it as I see our input and feedback go on to be implemented – not only benefiting those currently going through an apprenticeship, themselves, as a but laying the foundations for future students to benefit too.

Whether it was our input into building an apprentice community and the Virtual Campus, or providing input into the apprenticeship schemes themselves. As a BPP apprentice and app champ, our voice matters!

Being an Apprentice Champion has been hugely rewarding. Whether it’s working with some incredible people and seeing first-hand how they champion apprenticeships in their own industries or getting to represent and engage with some of the most passionate, trail blazing talent across the nation.

JOIN THE APP CHAMPS!

If you’re passionate about making a difference and interested in becoming an Apprentice Champion, we would love to hear from you at:

ApprenticeNetwork@bpp.com

REFLECTING ON THE APPRENTICESHIP JOURNEY



CAITLIN ROGERS: LEVEL 3 BUSINESS ADMINISTRATION APPRENTICE

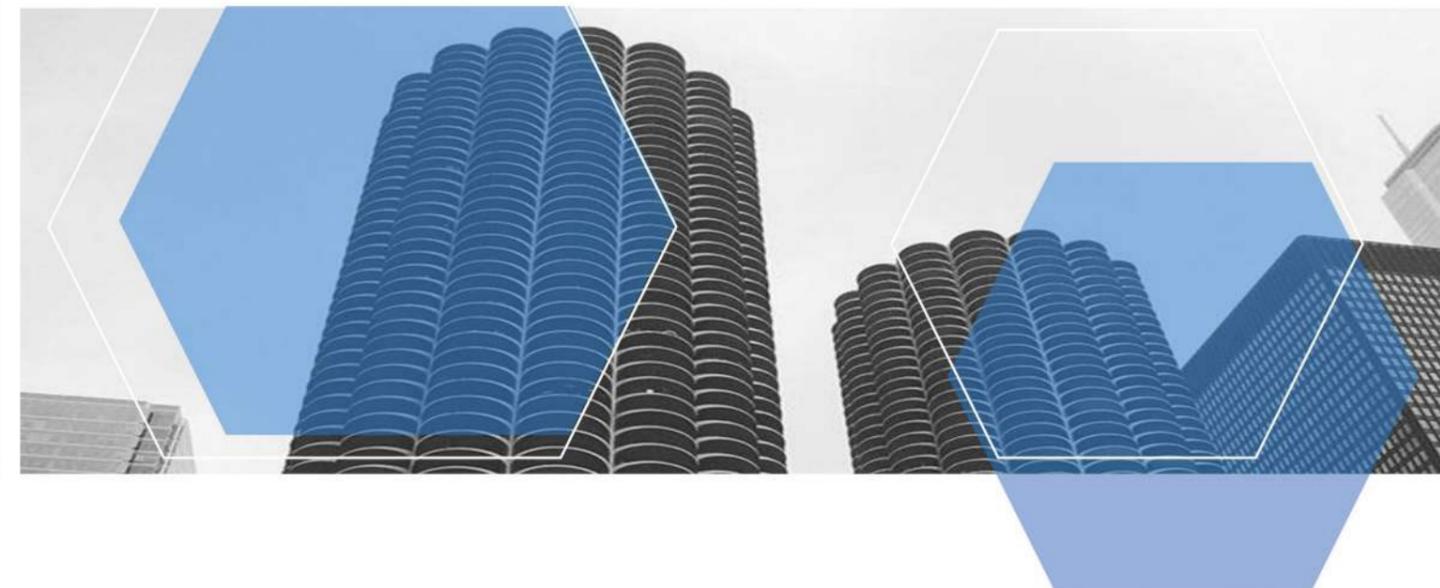
CAITLIN HAS JUST FINISHED HER LEVEL 3 BUSINESS ADMIN APPRENTICESHIP AND SHARES WITH US HER TIPS, ADVICE AND REFLECTIONS ON LIFE AS AN APPRENTICE.

I started my Business Admin Level 3 apprenticeship in September last year and am just coming to the end of it this month! I have really enjoyed my experience as it was my first time working in a professional, office environment.

Across the 15 months of my apprenticeship, I had six different Missions to complete, which involved looking at the criteria for that particular mission and then evidencing how I have demonstrated that criteria within my job role. I was assigned an apprenticeship coach who was able to guide me though and provide feedback whenever I wanted and was very supportive. I had the same coach up until September this year when she then went on maternity leave, and I was assigned a different coach who was just as supportive and had already looked through my portfolio so she knew exactly where I was up to. One tip I would give for any new apprentice would be to ask questions if you are unsure of something. I found that asking my coach lots of questions, enabled me to always achieve high marks in my missions, which then lead on to a high mark in my overall assessment.

Another tip I would give would be to try and get involved in as many projects or activities as possible as it will give you more to discuss in your missions, as well as more experience overall. It also means you will have worked with lots of different teams which will help you build relationships with more people, which I found very helpful.

I found the balance of studying and working very manageable as I had a dedicated study day each week to study from home and solely focus on the apprenticeship side, and then the other four days of the week I would be in the office. Every six weeks we would have a face-to-face learning day (until COVID-19, and then this changed to online lectures) where a tutor would teach us the content we needed to know for our end-point assessment.



GET INVOLVED: NATIONAL APPRENTICESHIP WEEK 2021

Key asks for National Apprenticeship Week 2021



1. Let us know what you have planned now

This guide explains how you can get involved on social media and through virtual events.

To help us capture all the inspirational activity that happens during the week, we have developed a short survey. Please complete this survey as soon as possible to let us know about your plans for National Apprenticeship Week.

[National Apprenticeship Week 2021 Survey](#)

We will be showcasing some of the best events, videos and activities in our newsletters and on social media to share your commitment with our networks. If you are planning on hosting an event, please complete our events survey.

[National Apprenticeship Week Events Survey](#)

You can complete this more than once if you have multiple events planned. Don't forget to promote your events on social media using the hashtag **#NAW2021** and set up an event on [Facebook](#) and [LinkedIn](#).



2. Launch tweet

Look out for our launch day post and share it with your followers. Keep an eye on @Apprenticeships on the morning of Monday 8th February and share our launch post with your followers. Let's get National Apprenticeship Week trending again for **#NAW2021**!

Fuel the conversations on social media

Help your followers and everyone interested in starting with apprenticeships to see the value they are adding to your business or how they have built your career. Use it as an opportunity to showcase the brilliant work you are doing to a wider audience!

Direct people to www.apprenticeships.gov.uk to find out more, and tag **@Apprenticeships** and use **#NAW2021 #BuildTheFuture** in your posts!

Wear the 'Build the Future' Badge

Before National Apprenticeship Week we will share a 'badge' you can add to your social media channels to show your support for the week. Please use this as an opportunity to post about why and how apprenticeships have helped you to build your workforce or built your career. And don't forget to tag **@Apprenticeships** and **#NAW2021** so we can share your posts!



3. #ASK Series

#AskAnEmployer

Use the **#AskAnEmployer** hashtag during 12 noon – 2pm on Tuesday 9th and encourage your followers to ask questions about how apprentices have built your business, helping them to see the real business benefits.

#AskAnApprentice

Use the **#AskAnApprentice** hashtag on Twitter during 12 noon – 2pm on Wednesday 10th and encourage aspiring apprentices, their parents and employers to ask you questions about your apprenticeship. Encourage your followers to also follow the hashtag and look out for posts on @Apprenticeships, as apprentices will be taking over the channel.



4. Share the Love on Valentine's Day

I ❤️ APPRENTICESHIPS

On Valentine's Day we would like to focus on what makes apprenticeships, and National Apprenticeship Week great. What do you love about employing apprentices or being an apprentice? Create a social video, blog or social media post to share your thoughts. Link to Apprenticeships.gov.uk to tell people how to find out more.



Did you know we
organise dozens of
bespoke online events
every week?

Visit the [Students' Association website](#)
and the [Virtual Campus](#) for full details.



  FOLLOW US

[@BPPSTUDENTSASSOCIATION](#)

 [@BPPSTUDENTS](#)